

A Balint Weaving seminar...

Balint Society
OF AUSTRALIA & NEW ZEALAND

Social Dreaming Professor Susan Long



Sunday 11 May 2025

9am-11am AEST

(Syd/Melb/Brisbane/Hobart/Canberra)

11am-1pm NZST (New Zealand)

8.30am-10.30am ACST (Adelaide/Darwin)

7am-9am AWST (Perth)

*This is an experiential workshop
and will not be recorded.*

Social Dreaming is a way of working with dreams where the focus is on the **dream** and not the dreamer. The dreams are not interpreted for personal meaning, but connections are made to social life and the broader world in which we live.

In an event called a matrix, participants are invited to offer their dreams and, through associations from others, explore the possible social meanings contained.

A social dreaming matrix is usually followed by a dream reflection dialogue where hypotheses are developed about the social meaning emerging from the matrix.

Social dreaming is a current expression of dream sharing with the intent to formulate or discover new hypotheses about the community. Social dreaming is now used in applications and research to discover a range of social dynamics.

This seminar will involve participants in a social dreaming matrix and dream reflection dialogue followed by a discussion of theory and practice.

References

- <https://www.abc.net.au/listen/programs/allinthemind/social-dreaming/12607932>.
- *Social Dreaming: Philosophy, Research, Theory and Practice* Susan Long and Julian Manley (eds.) Routledge, 2019.

Professor Susan Long is a Melbourne based academic, organisational consultant and executive coach, previously a psychotherapist. She is co-lead of the PhD program conducted at the National Institute for Organisation Dynamics Australia (NIODA). She has consulted to organisational change in the health and justice sectors and coached senior executives across many sectors. She is a founding member of Social Dreaming International Network (SDiN) where she staffs a training program. Susan has published several books and journal papers the latest being *The Evolution of the Unconscious in Persons, Groups, Nature and Spirit* Routledge 2025.

Registration

BalintANZ members – no fee

Click here to register:

<https://forms.office.com/r/1VnUcpS1bv>

Non-members - \$AU 25.00

Contact the administrative secretary to

register: admin@balintanz.org

Background image: Weaving Mat, Susan Wanji Wanji 2020

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