

## **Invitation to participate in an online Balint Group:**

*a unique opportunity for confidential  
case-reflection among medical colleagues*

The Balint Group method is named after Dr Michael Balint, a psychiatrist who pioneered the peer-group discussion as a way of helping doctors become more sensitive to psychological issues in medicine.

### **How might a Balint Group benefit your own practice?**

- A regular opportunity to reflect on clinical cases in the secure atmosphere of a discussion among peers
- A way of improving our understanding and tolerance of 'difficult' patients
- Learning from colleagues' perspectives on each case

### ***Participants:***

This online group welcomes Medical Practitioners in active clinical practice preferably on the east coast of Australia. The group will comprise up to 8 doctors plus two leaders.

***Dates:*** 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of each month, 7.30-9.00pm AEST via Zoom.

***Cost:*** \$65 per session (plus GST of \$3.25)

This is a Mental Health Professional Network registered group

### ***Leaders:***

**Penny Love** BA MEdSt Past President QPPA BSANZ is a psychoanalytic psychotherapist and Balint Leader Trainer. She has special interests in perinatal mental health and prematurity.

**Dr Sheila O'Neill** MB BCh BAO PhD GCertMedEd FRACGP is a general practitioner with a special interest in Women's Health and Medical Education.

Bookings/enquiries: [penny@pennylove.com.au](mailto:penny@pennylove.com.au) or [sheila@impluvium.net](mailto:sheila@impluvium.net)