

Invitation to participate in an online Balint Group:

*a unique opportunity for confidential
case-reflection among medical colleagues*

The Balint Group method is named after Dr Michael Balint, a psychiatrist who pioneered the peer-group discussion as a way of helping doctors become more sensitive to psychological issues in medicine.

How might a Balint Group benefit your own practice?

- A regular opportunity to reflect on clinical cases in the secure atmosphere of a discussion among peers
- A way of improving our understanding and tolerance of ‘difficult’ patients
- Learning from colleagues’ perspectives on each case

Participants:

This online group welcomes Medical Practitioners in active clinical practice preferably on the east coast of Australia. The group will comprise up to 8 doctors plus two leaders.

Dates: 2nd and 4th Tuesdays of each month, 8.00-9.30pm AEST via Zoom.

Cost: \$65 per session (including GST)

This is a Mental Health Professional Network registered group

Leaders:

Penny Love BA MEdSt Past President QPPA BSANZ is a psychoanalytic psychotherapist and Balint Leader Trainer. She has special interests in perinatal mental health and prematurity.

Dr Sheila O’Neill MB BCh BAO PhD GCertMedEd FRACGP is a general practitioner with a special interest in Women’s Health and Medical Education.

Bookings/enquiries: penny@pennylove.com.au or sheila@impluvium.net